

Demetris Stavrou, MD

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Personal Details

Date of birth: 25/1/1979
Place of birth: Nicosia, Cyprus
Marital Status: Married
Languages spoken: Greek, English, Hebrew

Education

M.D. University of Athens Medical School 1998 – 2004
MSc with Distinction in “ Wound Healing and Tissue Repair”, University of Cardiff, School of Medicine, U.K
Fellowship in “Advanced Aesthetic Surgery” from the Melbourne Institute of Plastic Surgery – Monash University, Australia

Work Experience

- Pre-Registration, General Hospital of Limassol, Limassol, Cyprus 2004 – 2005
- General Surgery resident position, General Hospital of Limassol, Limassol, Cyprus 2005 – 2006
- General Surgery resident position, Sheba Medical Center at Tel-Hashomer, Tel-Aviv, Israel 2006 – 2007
- Plastic & Reconstructive Surgery resident position, Sheba Medical Center at Tel-Hashomer, Tel-Aviv, Israel 2007 – 2011
- Clinical Fellow, Melbourne Institute of Plastic Surgery, Melbourne, Australia 8/2013 – 2/2014
- Solo practice as plastic surgeon in Nicosia Cyprus 2012 – now
- Solo practice as plastic surgeon in Sliema, Malta 2017 – now
- Solo practice as plastic surgeon in Athens, Greece 2018 – now

Academic Qualifications

- Assistant Professor, Academic Lead for Anatomy, St George’s, University of London / Medical School at the University of Nicosia 2012 – now
- Honorary Tutor at the University of Cardiff, School of Medicine, UK 2012 – 2018

Publications/Presentations

- [Examination of the Life Expectancy of Patients with Burns over 20% of Their Total Body Surface Area in Comparison to the Rest of the Population.](#)
Weissman O, Wagman Y, Givon A, Radomislensky I, Peleg K, Stavrou D, Haik J, Tessone A.
J Burn Care Res. 2017 Mar 28.
- [Characteristics of Improvised Explosive Device Trauma Casualties in the Gaza Strip and Other Combat Regions: The Israeli Experience.](#)
Barzilai L, Harats M, Wisner I, Weissman O, Domniz N, Glassberg E, **Stavrou D**, Zilinsky I, Winkler E, Haik J.
Wounds. 2015 Aug;27(8):209-14.
- [Adhesive skin closure technique for closure of fasciotomy wounds in pediatric patients: a case series.](#)
Weissman O, Goldman N, **Stavrou D**, Barzilai L, Grabov Nardini G, Farber N, Zilinsky I, Winkler E, Haik J.
Wounds. 2015 May;27(5):118-222.
- [Correction of small volume breast asymmetry using deep parenchymal resection and identical silicone implants: an early experience.](#)
Somogyi RB, **Stavrou D**, Southwick G.
Aesthet Surg J. 2015 May;35(4):394-401
- [The arterial blood supply of the helical rim and the earlobe-based advancement flap \(ELBAF\): a new strategy for reconstructions of helical rim defects.](#)
Zilinsky I, Cotofana S, Hammer N, Feja C, Ebel C, **Stavrou D**, Haik J, Farber N, Winkler E, Weissman O.
J Plast Reconstr Aesthet Surg. 2015 Jan;68(1):56-62
- [Validation of the Hebrew version of the Burn Specific Health Scale-Brief questionnaire.](#)
Stavrou D, Haik J, Wisner I, Winkler E, Liran A, Holloway S, Boyd J, Zilinsky I, Weissman O.
Burns. 2015 Feb;41(1):188-95
- [Abdominoplasty revision with autologous tissue expansion.](#)
Mai R, **Stavrou D**, Ritz M.
Aesthetic Plast Surg. 2014 Apr;38(2):483. doi: 10.1007/s00266-014-0289-3. Epub 2014 Mar 8
- [Health Related Quality of Life in burn patients - A review of the literature.](#)
Stavrou D, Weissman O, Tessone A, Zilinsky I, Holloway S, Boyd J, Haik J.
Burns. 2014 Jan 13
- [The effect of acellular dermal matrix on drain secretions after immediate prosthetic breast reconstruction.](#)
Israeli Ben-Noon H, Farber N, Weissman O, Tessone A, **Stavrou D**, Shabtai M, Maor Y, Haik J, Winkler E.
J Plast Surg Hand Surg. 2013 Sep;47(4):308-12
- [Birth Wind and Fire: Raising awareness to operating room fires during delivery.](#)
Wolf O, Weissman O, Harats M, Farber N, **Stavrou D**, Tessone A, Zilinsky I, Winkler E, Haik J.
J Matern Fetal Neonatal Med. 2013 Sep;26(13):1303-5.
- [Radiotherapy-Induced Basal Cell Carcinomas of the Scalp: Are They Genetically Different?](#)
Tessone A, Amariglio N, Weissman O, Jacob-Hirsch J, Liran A, **Stavrou D**, Haik J, Orenstein A, Winkler E.
Aesthetic Plast Surg. 2012 Dec;36(6):1387-92.
- [Are there predicting factors for burn patients that transfer to a rehabilitation center upon completion of acute care?](#)
Weissman O, Peleg K, Trivizki O, Givon A, Harats M, **Stavrou D**, Farber N, Remer E; ITG, Haik J.
Burns. 2012 Nov;38(7):992-7

- [A new simple, safe, and easy solution for upper lip dermabrasion.](#)
Weissman O, Zilinsky I, Farber N, Israeli Ben-Noon H, **Stavrou D**, Millet E, Tessone A, Liran A, Haik J, Winkler E.
J Drugs Dermatol. 2012 May 1;11(5):649-52.
- [Examining National Burn Care Policies-Is the Israeli Burn Care Alignment Based on National Data?](#)
Haik J, Weissman O, Givon A, Liran A, Tessone A, **Stavrou D**, Orenstein A, Peleg K; Israeli Trauma Group.
J Burn Care Res. 2012 Jul;33(4):510-7
- [Evading a Surgical Pitfall: Mastopexy--Augmentation Made Simple.](#)
Tessone A, Millet E, Weissman O, **Stavrou D**, Nardini G, Liran A, Winkler E.
Aesthetic Plast Surg. 2011 Dec;35(6):1073-8
- [Is prophylactic acyclovir treatment warranted for prevention of herpes simplex virus infections in facial burns? A review of the literature.](#)
Haik J, Weissman O, **Stavrou D**, Ben-Noon HI, Liran A, Tessone A, Zmora N, Zilinsky I, Winkler E, Gur E, Stahl S.
J Burn Care Res. 2011 May-Jun;32(3):358-62.
- [Managing the relationship between quality and cost-effective burn care.](#)
Stavrou D, Weissman O, Winkler E, Millet E, Nardini G, Tessone A, Zmora N, Mushin OP, Haik J.
Burns. 2011 May;37(3):367-76. Epub 2010 Dec 4. Review.
- [Silicone-based scar therapy: a review of the literature.](#)
Stavrou D, Weissman O, Winkler E, Yankelson L, Millet E, Mushin OP, Liran A, Haik J.
Aesthetic Plast Surg. 2010 Oct;34(5):646-51. Epub 2010 Mar 31. Review.
- [Silicone nipple shields: an innovative postoperative dressing technique after nipple reconstruction.](#)
Weissman O, Tessone A, Liran A, **Stavrou D**, Farber N, Orenstein A, Haik J, Winkler E.
Aesthetic Plast Surg. 2010 Feb;34(1):48-51. Epub 2009 Oct 20.
- [From traction and contraction to wound closure.](#)
Stavrou D, Haik J, Weissman O, Millet E, Winkler E, Eyal W.
J Wound Ostomy Continence Nurs. 2009 Jul-Aug;36(4):365-6.
- [Quality of life after breast cancer surgery with or without reconstruction.](#)
Stavrou D, Weissman O, Polyniki A, Papageorgiou N, Haik J, Farber N, Winkler E.
Eplasty. 2009 Jun 2;9:e18.
- [Patient and observer scar assessment scale: how good is it?](#)
Stavrou D, Haik J, Weissman O, Goldan O, Tessone A, Winkler E.
J Wound Care. 2009 Apr;18(4):171-6. Review.
- [Neovascularisation in wound healing.](#)
Stavrou D.

J Wound Care. 2008 Jul;17(7):298-300, 302. Review.

Diplomas - Qualifications

- International Member of the American Society of Plastic Surgeons (ASPS)
- GMC (General Medical Council) registered
- Fellow of the European Board of Plastic, Reconstructive & Aesthetic Surgery EBOPRAS
- Royal College of Surgeons of England (RCSENG) – Member of the Court of Examiners
- ECFMG certificate
- ATLS (Advanced Trauma Life Support) Instructor
- PHTLS (Pre-Hospital Trauma Life Support) diploma
- ALS (Advanced Life Support) diploma
- Clinical elective diploma with honors– Surgical Preceptorship – at Baylor College of Medicine, Houston, Texas, US

Congress /Meetings Lectures

- “Telemedicine – Our preliminary experience with visual (still and video) teleconsultation using a 3rd generation cellular network”
11th Congress of ESPRAS, 20-26 Sept. 2009, Rhodes, Greece
- “Evolutions in invasive radiology”
13th Congress of the Greek Surgical Society
- “Oncoplastic Breast Surgery”
13th Cyprus Surgical Congress